

# Frozen Shoulder: The Science and Solution Bangalore



APTER Institute

Leading the Physios

**Despite the advances in the musculoskeletal field, Frozen Shoulder is still enigmatic & challenging to treat. This course offers a pragmatic approach to the Diagnosis & Treatment of Frozen Shoulder. First of its kind in India.**

## **COURSE OUTLINE:**

- The Salient Shoulder Capsule
- Pathophysiology and Pain Mechanism
- Diagnosis and Differential Diagnosis
- Demystifying Common Treatment Myths
- Pragmatic PT Management- APTER PROTOCOL
- Getting rid of Night Pain
- Dry Needling- Clinical Decision Making & Methods
- Frozen Shoulder and Cervical/Thoracic Spine
- When to do Referral
- Injections/MUA/Surgery - Indications, Pros and Cons.



**Fee : 4000 INR**

**Time : 9.30-5.30 PM**

**Date : 5th Feb, 2023**

**Contact: Dr. Sushrutha - 8197913064**

**Venue: RMV Hospital, Sanjaynagar, Bangalore.**



- A first-ever unique course on FS
- 7 yrs of Tested protocol
- Proof of Real Patients video
- To be a New Evidence & Trend in FS Treatment

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