

Bangalore Physiotherapists Network

Bi-Monthly Meeting

Bangalore Physiotherapists Network cordially invites the entire
Physiotherapists in Bangalore

Date : 15/04/2012 Sunday

Time: Afternoon 1 PM

Venue: RECOUP Hospital Auditorium

RECOUP Neuromusculoskeletal Rehabilitation Centre,
312, 10th Block, Anjanapura Layout Further Extension,
Lal Bahadur, Shastri Nagar, Near Gottigere, 80 Feet Road, Bangalore – 560062

Meeting Schedule:

13:00-13:08: Prayer, Welcome speech.

13:08-13:15: About RECOUP: History and achievements: **Jerrish A Jose, MPT (HOD, Physiotherapy)**

13:15-14:45: Symposium on Role of Physiotherapists in Office Ergonomics and WRMSD's

1. Introduction to WRMSD's: Common risk factors and diagnosis: **Nirav Bhavsar, MPT (10 Min)**
2. An Overview of Ergonomic Workplace Analysis in Office Ergonomics: **Jeena Jose, MPT (20 Min)**
3. Assessment of workers for the diagnosis of WRMSD's: **Rameshkumar R, MPT (25 Min)**
4. Treatment and prognosis of **WRMSD: Ajeesh P S, MPT (25 Min)**
5. On-site fitness programme to prevent WRMSD: **Mathankumar M, BPT (10 Min)**

14:45-15:45: BPN Discussion

15: 45- 14:50: Vote of Thanks .Refreshment with Games

15:50-16:30: Refreshment with Games

Route Map : <http://www.recoup.in/jcms/images/recoup%20map.jpg>