

Physiotherapy in Women's Health

Mission women's health

Course Description

This certificate is aimed at physiotherapists working in the specialty of women's health. It offers physiotherapists a range of opportunities to develop their theoretical knowledge relevant to their role in women's health and the chance to extend current clinical practice. The aim is to benefit to those working in the specialty of women's health in a variety of health care settings.

Venue/Location

Conference hall:-SAGAR HOSPITAL #44/54, 30TH
CROSS ,TILAKNAGAR ,JAYANAGAR EXTENSION ,BANGLORE – 560041
TEL NO-080-42888416,9886613649,9591991855

Course structures and Availability

1. Certificate Courses in Women's health physiotherapy.

September 15th 2011 till September 20th 2011

What are the entry requirements?

BPT graduate

What are the course fees?

Rs 3000/-for certificate course payable before 14th September
On the spot registration=Rs3500/-

Short course in Women's health **physiotherapy**

Course Description -This postgraduate certificate is aimed at physiotherapists working in the specialty of women's health. It offers physiotherapists a range of opportunities to develop their theoretical & clinical knowledge relevant to their role in women's health and the chance to extend current clinical practice. This award is of benefit to those working in the specialty of women's health in a variety of health care settings.

6 days course (evening 4 pm to 8 pm)

Course Detail

1. PHYSIOTHERAPY FOR REPRODUCTIVE AGE GROUP

- Introduction
- Anatomy
- Pelvic organs & support
- Physiological changes in pregnancy
- **Education in the Childbearing Year**
- **Exercise in the Childbearing Year**
- **Assessment and Management of Pain and Dysfunction in the Childbearing Year**
- **Taping in pregnancy**
- **Physiotherapy management in labour (Lamaze breathing tach)**

2. PHYSIOTHERAPY FOR ADOLESCENT

- **Assessment and Management of Childhood Bladder and Bowel Dysfunction**
- **Musculoskeletal disorder growing bone**
- **Dysmenorrhoea during menstruation in adolescent girls. Assessment & management**

MATURE WOMEN

- **Menopausal symptoms**
- **Structure, Function and Assessment of the Pelvic Floor**
- **Physiotherapy Management of Pelvic Floor Dysfunction**
- **Structure, Function and Assessment of the Pelvic Floor**
- **Exercise for Women**

Note - Active participation in antenatal classes -End of the course day-
-M C Q's based exam .