



WORKSHOP ON DRY NEEDLING TECHNIQUE

CONTINUOUS PT EDUCATION PROGRAM

Course Overview:

Dry Needling is a Unique form of treating Muscular pain and Myofascial trigger points by using solid filament acupuncture needles. Dry needling is widely practiced in western countries and has got approved and well acknowledged to be within the scope of Physical Therapy. Learning Dry Needling would offer the participant an valuable and handy tool to treat muscular pain.

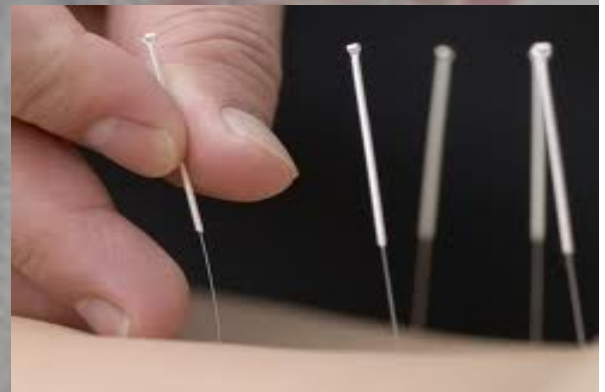
Course Contents:

Day 1:

- Causes, Characteristics, Pathophysiology of MTrPs
- Pain referral pattern and Assessment of MTrPs
- History and Concepts of Dry Needling
- Introduction to Treatment of MTrPs.
- Mechanism and Effects of Dry Needling
- Dry Needling: Head and Neck Muscles
- Dry Needling: Shoulder Girdle Muscles

Day 2:

- Guidelines for Principles of Practice
- Safety Guidelines and Precautions
- Dry Needling: Arm and Forearm Muscles
- Dry Needling: Trunk, Hip, Pelvic Muscles
- Dry Needling: Thigh and Leg muscles
- Clinical Decision making and Research Evidences



Resource Person: Dr. Rajkannan.P, PT,
MPT, D.BDT, Dip (Acup), MA (Psych),
Assoc.Prof, Dry Needling Instructor

Corse Coordinator : Dr.Vinod kumar Jain HOD - PT
NOVA S.P.O.R.T – Koramangala

Date: 11th & 12th of May,2013.

Venue: Bowring Institute ,
No-19, St.Marks Road,
Bangalore - 560001

Course Fee: 2500/-

Participants: Clinicians, MPTs, Internees, IV BPTs,

Add Ons: Certificate, Lunch, Materials, Needles for Practice & to take home.

Contact: Dr. Vinod Jain– 9886484494, Dr. Rajkannan.P– 9845903906

Note: Participants are requested to come in a loose fitting dress to enable to be needled.