

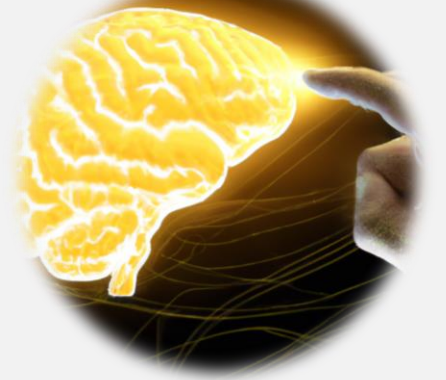
“ENGAGE” A Workshop on

Physical Activity Behaviour Change in Stroke

Maintenance



2 in 3
Inactive



Action

4 Days

2023 April 1, 2, 8 & 9
9 a.m to 4 p.m

Registration
Fee
2400 INR

Preparation



Register
Here

Ms. Vaishnavi Patil
8551032034

Eligibility
Physiotherapist
who have
completed
Internship

Contemplation



Coordinator
Dr.Krishna M
9036824975

Pre
Contemplation



DAY 1- Healthy Behaviour and Determinants of Behaviour

DAY 2 – Behavioural Diagnosis of Unhealthy Behaviours

**April 1 & 2
Speakers & Sessions**



Dr.R.V. Vijayakumar P.T.
The Oxford College

Behavioural Problems after Stroke



Dr. S. Rajalakshmi P.T.
Rainbow Children's Hospital, BG Road, Bangalore
PROPHYSIO Healthcare

Lifestyle Changes after Stroke



Dr. Prakash V. PhD P.T.
Ashok and Rita Patel Institute of Physiotherapy, CHARUSAT

Community Mobility and Participation



Dr. Sundar Kumar V PhD P.T.
M.S. Ramaiah College of Physiotherapy

Physical activity & Behaviour Change Theories



Dr. M. Krishna P.T.
The Oxford College

Measuring Behaviour

Objectives

To train physiotherapists to induce Positive Behaviour Change among stroke survivors for

- Healthy Lifestyle
- Physical Fitness
- Community Mobility and Participation
- Functional Arm use

DAY 3 –Developing Behaviour change Program

DAY 4- Implementing Behaviour Change Program

**April 8 & 9
Speakers & Sessions**



Prof. K. Hariohm.
Spring
Physiotherapy
centre

Implementing
Behaviour change
program

Session Training

The Training will involve
Low and Medium intensity
Interventions based on
Health Behaviour Change
Competency Framework
2010



Dr. Selvaganapathy V
PhD.P.T.
NIMHANS

BCTs for
Community Mobility



Prof. R. Vasanthan
The Oxford
College

Behavioural
Diagnosis &
Developing
Behaviour change
Program



Dr. M. Vignesh P.T
The Oxford
College

BCTs for
Physical activity