

Cervical & Thoracic Spine

16th & 17th December 2023

@ Padmanaban's Movementology Clinics, HSR, Bangalore



Resource Person:

Padmanaban Sekaran MSc.PT(UK)

Founder & Lead Tutor

Arthrorehab: Advanced Orthopedic Rehabilitation



Learning Objectives.

- Understand current trends in treatment of Neck & Upper back Pain.
- Learn a simplified assessment and classification system for management.
- Learn to customize the treatment interventions based on different clinical presentations.



Course Will Cover..

- Integrated Manual therapy for Neck & Thoracic Spine
- Movement Assessment & Movement Control Rehab
- Clinical applications of Pain Neuroscience Education
- Exercise Programs to maximize neck & upper back function.
- Enhancing Neck & Thoracic performance for sporting function



Course Highlights.

- Case Based Learning - Learn to solve complex case presentations.
- Advanced Clinical Reasoning – Learn Clinical Pattern recognition.
- Uncover Popular beliefs & Myths – Learn the missing link in rehab.