

## Workshop Info

### Course Details

#### Day-1

Functional anatomy of vestibular system  
Physiology of vestibular system  
Clinical aspects & physiotherapy perspective  
Evaluation of vertigo and balance dysfunction  
Outcome measures  
Adaptation, Habituation and Substitution

#### Day-2

BPPV- Pathophysiology, evaluation and treatment  
BPPV- practical session - therapeutic maneuvers  
Designing patient specific vestibular exercises  
Management of bilateral vestibular disorders  
Motion sickness and its management  
Cervical vertigo

Venue: The Oxford College of physiotherapy

Date: 21 & 22 Feb 2011

Timing: 9.00 — 4.00

#### Registration Includes

1. Certificate
1. Transcript for 12 Credit Hours
2. Course Material
3. Informational CD
4. Lunch and Refreshment

Last date For Registration:  
18th Feb 2011

Registration Fee: Rs. 600/

For Registration Contact:  
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The Oxford College of  
Physiotherapy

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The Oxford College of  
Physiotherapy



Department of Neurophysiotherapy

"Caring the Dizzy patient"

Workshop  
on  
Vestibular &  
Balance  
Rehabilitation

Feb 21 & 22 2011



Resource Person:

Dr. John Solomon P.T. PhD,  
Associate Professor,  
Department of Physiotherapy,  
MCOAHS,  
Manipal University,

## Vestibular Rehabilitation

The Vestibular system is one of the sensory systems that creates awareness among the person of his position in space, about movements and motion in relation to gravity. The semicircular canals and Utricle and Sacculle helps achieve these functions with precision.

This ability endowed by the vestibular system assists a person to move around successfully and assume available to a repertoire of postures in gravity influenced earth.

### Workshop Theme

Owing to many common problems, the vestibular system may malfunction. This malfunction is of many varieties and each creates its own set of clinical features that affect the patient's life whenever a movement is expected of him.

What are these problems?

Why do they occur?

How can we detect them?

What methods are available to cure and care them?

These would be the major theme of the Forthcoming workshop on Vestibular and Balance Rehabilitation.

## Highlights

The workshop would address all kinds of vestibular related disorders of Central and Peripheral Origin.

There would be Practical sessions and delegates would be trained on identifying vestibular problems, conducting a differential diagnosis and various techniques of treating those different problems.

### Why do you need this training?

Vestibular problems affect a growing number of people and a large number of aged people are affected with one or the other vestibular disorder.

As most physiotherapists are not sufficiently trained in this area, it assists them to widen their Horizon of Practice. Physiotherapists trained in these methods can confidently support their patients recovery.

### Resource Person:



Dr. John Solomon P.T. is specialist vestibular therapist and one of the first Physiotherapists to complete PhD in Neurosciences in India .

Vestibular rehabilitation has been his passion since the early days of his career.

He has treated numerous patients suffering from vestibular disorders. His wealth of clinical experience and teaching skills makes his programs rich in content.

He has conducted numerous vestibular Rehab programs throughout India.

## The Oxford

The oxford College of Physiotherapy started in 1995 . Currently it runs bachelors and Masters Program under RGUHS. As part of the enrichment Program it conducts inhouse and invited lectures and Workshops.



The primary purpose of these programs are to train the Physical and mental Skills of Physiotherapist to face the challenges of Clinical environment.

These training programs are open to Physiotherapy students and Physiotherapists from Oxford and Outside.