# Krupanidhi College of physiotherapy

Organizes Workshop on

## **Taping Techniques**

# On 20<sup>th</sup> December 2010

### Venue

Seminar hall Krupanidhi College of physiotherapy 12/1, Chikkabellandur, Carmelaram post, varthur Hobli, Bangalore -560035

### Taping techniques.

Taping has become a worldwide treatment for many clinical disorders in the recent past. Different types of taping material like athletic tape, leukoplast, dynaplast, kinesiotape, etc are being used for appropriate clinical conditions. Taping gives support and stability to your joints and muscles without affecting circulation and range of motion. It is also used for Preventive Maintenance, Edema, and to treat pain. Most of our Indian athletes have used them extensively in the recently concluded common wealth & Asian games. This workshop will fill focus on different methods of taping techniques & selection of suitable taping material required for rehabilitation.

#### About Instructor:

J.N. Sravana Kumar is working as a chief physiotherapist in prestigious NIZAM'S INSTITUTE OF MEDICAL SCIENCES (NIMS). Hyderabad. He is involved in teaching graduate & postgraduate students since many years. He has completed his Masters in Sports Physiotherapy from prestigious Gurunanak Dev University, Amritsar. He acquired his skills in Taping techniques by attending various workshops by prominent international speakers. He has organized Taping techniques workshops in various reputed hospitals & institutions under Dr.NTR university of health Sciences, Vijayawada, Srivenkateswara Institute of Medical Sciences, Tirupati, Fitness & Rehab forum, Chennai. During the course of the workshop the candidate will have one to one interaction with our speaker & will have ample time to learn the skill.

#### Aims & objectives:

- 1. Determine the mechanism of injury
- 2. Selection of appropriate tape or wrap
- 3. Proper positioning of patient or body part during taping procedure
- 4. Application of appropriate taping procedure
- 5. Clear instructions to patients on tape removal
- 6. Ensure the patient's compliance with appropriate exercise regimen.

## Registration

Name:(To appear on certificate)
Category: (PT/OT/PG)
Address:
Phone:
1 HOHC
Email:
Organisation/Employer:
Tuition fee: RS. 400.00* Spot Reg: 500 - if available No of participants: 30 only
Date: 20th December 2010

\*Tuition fees includes the study materials, Certificate, lunch.

Mail this Registration form along with DD(payable at Bangalore) by name and post to

Ramesh Kumar, J Krupanidhi College of physiotherapy 12/1, Chikkabellandur, Carmelaram post, varthur Hobli, Bangalore -560035

### **Further details**

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