



WORKSHOP ON INTEGRATED MANUAL THERAPY FOR LOW BACK PAIN



Course Overview

This one-day lumbar spine course comprises an integrated manual therapy approach to the treatment of low-back pain. The focus of examination and treatment is on the articular, neural, and motor systems whilst psycho-social issues are also considered. Essential theory is covered, but the emphasis is on practical sessions. The content draws on work by many key manual therapists including Maitland, Edwards, McKenzie, Mulligan, Butler and O'Sullivan. Case studies are used to develop clinical reasoning and illustrate common clinical conditions. The evidence informing clinical practice is highlighted throughout the course.

Course Contents

Lumbar spine anatomy, pathoanatomy,

Subjective examination including consideration of red flags

Physical examination including

- Posture assessment
- Active and passive movement testing including combined movement examination
- Neural tissue examination
- Mechanisms of action of manipulative physiotherapy Manipulative therapy and therapeutic exercise in the treatment of articular, neural, and motor systems

Resource Person

Dr. K. PEARLSON, MPT(AUS), MIAP, MIMS (USA), MIAHP(USA), COMT (AUS)

Course Coordinator

Dr. Vinod kumar Jain HOD—PT
NOVA SPORT, Koramangala

Date: 15th Aug, 2013 (9.00a.m to 5.00 p.m)

Venue: Nova SPORT, Nova Specialty Surgery, Koramangala Bangalore

Course Fee: 1250/-

Participants: Clinicians, MPTs, Internees and Final year BPTs,

Add Ons: Certificate and study materials

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